Banana Bites

We're taking the best combo (banana and peanut butter) and sprucing it up! These mini banana bites give you protein from the peanut butter with a little bit of sweetness from the bananas. It's the perfect bite each time and wonderful for those midday cravings or family nights in.

INGREDIENTS

2 Bananas

¼ cup sugar free melted dark chocolate (70% cocoa or higher)

Peanut Butter

DIRECTIONS

Begin by slicing your bananas into small rounds. Cover a baking pan with parchment paper and place your slices in your pan.

Coat the top of one slice with peanut butter, then place a second slice on top, creating a "sandwich" like stack.

Melt your dark chocolate, then using a spoon, or a utensil of your choice, drizzle the dark chocolate on top of each banana bite.

You can either serve them right away or you can freeze them to let the chocolate set for a more refreshing bite!

WLS Afterlife