



## Bacon Bell Pepper Egg Bites

*Egg bites can essentially be incorporated into your morning meal prep any day of the week. The combinations for egg bites are almost endless, but our Bacon Bell Pepper Egg Bites should be on the top of your must-try list.*

### Ingredients:

- 1/8C water
- 2 eggs
- 2T cheddar cheese
- 2T Ricotta cheese
- 1 strip of turkey bacon
- 1/8C bell pepper - chopped
- Garlic powder, salt & pepper to taste
- Non-stick spray

### Directions:

1. Add eggs, cheddar cheese, Ricotta cheese and seasonings to a bowl and blend together.
2. Prepare the egg maker by filling one of the small silicone cups with water or 1/8C of water, and pour it onto the heating plate.
3. Spray small cups with non-stick spray
4. Fill cups 2/3 with egg mixture. Add bacon and bell peppers. Stir in.
5. Carefully place cups in the egg maker. Allow egg bites to cook for approximately 7-10 minutes, or until the water on the cooking surface has completely evaporated.
6. Carefully remove cups from egg maker.

*"You say impossible, but all I hear is 'I'm possible.'" -Ted Lasso*

