



Apple Ricotta Puree

Sweet and absolutely tasty, we guarantee this will be at the top of your puree favorite during those chilly nights. Everything you love about holiday dessert flavors is brought to you in puree form.

Ingredients:

- 1 apple
- 1 cinnamon stick
- 1T ricotta cheese
- Cinnamon for garnish

Directions:

1. Core apple, place cinnamon stick in center, cover with foil and bake at 350° for 30-40 minutes
2. When cool enough to handle, remove cinnamon stick and skin from apple. Cut into pieces
3. Add apple to blender or food processor and puree. Add ricotta cheese and continue to puree.
4. Garnish with cinnamon



"Happiness is not something readymade. It comes from your own actions" -Dalai Lama